

The Estonian Sports Chaplaincy Year 2021

WRITTEN BY ELINA KIVINUKK, SPORDIKAPLAN@SPORDIKAPLAN.EE

Supporting Athletes

Supporting individual athletes

- Regular meetings with three athletes (Christians, individual and team sports)

Supporting Olympic athletes

- Sending supportive e-mails and compiling worksheets for the athletes and support personnel in Tokyo 2020.

Topics and Training

Training and topics addressed

- Training on harassment in sport together with Tallinn University
- Topics covered on the website <https://spordikaplan.ee/> (in Estonian): giving appreciation, apologizing, microaggressions, websites promoting mental health, worksheets for the Olympic athletes, suggestions for the sport parents, suggestions on how to react, when somebody talks about harassment

Additional courses taken

- Three additional online-courses were taken at Fuller Theological Seminary (CA, USA) in summer and autumn 2021: foundations of chaplaincy; grief, loss, death and dying; theology of sport and fitness.

Media

- Radio show on pastoral care focusing on sports chaplaincy and sports psychology
- Estonian Women in Sports' talk show
- Radio show about the role of sport parents
- Article on the Estonian sports strategy
- Article on the volleyball developments in Estonia
- Article on sports chaplaincy in the sports journal
- Participating in the Gathering organized by the European Christian Sports Union (ECSU)
- Participating in the yearly conference organized by the Sports Chaplaincy UK

International Co-operation

Global Sports Chaplaincy Association (GSCA)

- Participating in the regular meetings with the other chaplains
- Contributing to the training on grief for sports chaplains

GSCA Mentorship Programme

- Participating in seminars (financing, vision, mental health, etc.)
- Regular monthly meetings with the mentor, Sue Morris (Sports Chaplaincy New Zealand)

Financial Support

- First and foremost there has been provision and blessing from God to continue to develop sports chaplaincy in Estonia.
- Cultural Endowment of Estonia has supported the activities with 300 euros, main work is done on the voluntary basis.
- For individuals it is possible to support the Estonian Sports Chaplaincy at <https://www.buymeacoffee.com/kivinukk/>



Eesti spordikaplaanaat