

Brief Post-Competition Debriefing Game

HEADING HOME AFTER THE COMPETITION?
NEED TO SHARE YOUR THOUGHTS, BUT WANT TO ADD SOME FUN TO IT?
HERE'S A CREATIVE WAY TO REFLECT AND DEBRIEF YOUR PAST COMPETITION.
IT CAN BE USED IN A CAR, WHILE DRIVING HOME. YOU CAN ADD YOUR OWN FLAVOUR
TO THE GAME TO MAKE IT MORE USEFUL OR MORE FUN TO YOU.
ENJOY!

Instructions:

- 1) Divide your roles, who is a player A, who is B (you can switch the roles later).
- 2) Player A fills out the grid below, writing down random objects, colours, smells, symbols around him/her. S/he writes these words into the grid, each word in each cell. After that the player hands it over to the player B.
- 3) Player A asks a question and refers to a number from 1-9. For example, "What are you grateful for? - number 7."
- 4) Player B has to answer using the given word from the grid, while elaborating answer as they like.

Questions (feel free to add your own):

- What was the most valuable for you at this competition?
- What are you grateful for?
- What was your main learning point?
- How did you improve, which skills?
- How did you improve mentally?
- What was your highlight?
- How would you prepare your younger version for this competition?

PLAYER A

①	②	③
④	⑤	⑥
⑦	⑧	⑨

PLAYER B

①	②	③
④	⑤	⑥
⑦	⑧	⑨



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